## Rediscovery of the self

Functioning becomes modus operandi

## Absolute truths First imprints by our parents Forming of character Interactions between own values and experiences **Beliefs** Interaction between our character and our environment **Manifestations** Beliefs turn into unshakeable belief systems **Experiences** We experience what we think, believe and feel Conventions Internalisation of societal regulations Conditioning

## Our true core.

Hidden behind barriers that are resolved one by one.

